



25th Annual Syracuse Festival of Races



Come Enjoy Amazing! Sunday, October 1, 2017



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Many thanks to these
2017 Syracuse Festival of Races Sponsors,
who make it possible for the Festival to offer

- ◆ 25th Anniversary 5K Finisher Medals
- ◆ GREAT Shirts
- ◆ GREAT Refreshments
- ◆ GREAT Giveaways
- ◆ GREAT USATF Certified & Verified Course
- ◆ GREAT Awards
- ◆ GREAT Non-profit fundraising *and*

the best time you'll have at a road race this year!

Visit www.FestivalofRaces.com
for convenient online registration,
SFoR news updates and information



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Syracuse Festival of Races
 213 Scott Avenue
 Syracuse, NY 13224
www.FestivalofRaces.com

Non-Profit
 Organization
 U.S. Postage
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 Syracuse, NY
 Permit No. 876



Festival Week Schedule

Wednesday, September 27

School Group Number and Shirt Pickup
 (3K school group coordinators), 4:00-6:00 p.m.,
 213 Scott Avenue, Syracuse

Saturday, September 30

Late Registration and Packet Pickup
 Dick's Sporting Goods, DeWitt,
 10:00 a.m. - 2:00 p.m.

**USATF Masters 5 km National
 Championship Technical Meeting,**
 8:00 p.m. Maplewood Suites Extended Stay

Sunday, October 1

All outside Manley Field House,
 Comstock Ave. at E. Colvin St., Syracuse

Registration Tent Opens, 7:30 a.m.

Men's 5K, 8:50 a.m.

MVP Health Care® Women's 5K, 9:50 a.m.

3K Fun & Fitness Run, 10:45 a.m.

Community Walk, 10:50 a.m.

Wellness Way, 8:00 a.m. - Noon

On-Site Awards Ceremony, 11:25 a.m.

USATF Championship Awards Brunch,

12:00 noon, Laurel Grand Ballroom
 Maplewood Suites Extended Stay, Syracuse

**Please call (315) 446-6285 before
 race weekend with any questions**

Individual Entry Form

Last Name		Date of Birth (MM-DD-YY)	
<input type="text"/>		<input type="text"/>	
First Name	Initial	Gender	Age on Raceday
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Mailing Address		Citizenship	
<input type="text"/>		<input type="text"/>	
City	State	Zip Code	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Daytime Telephone		2017 USATF Number	
<input type="text"/>		<input type="text"/>	
5K Club Team, 3K School, College or Non-Profit Group		USATF Club #	
<input type="text"/>		<input type="text"/>	
Expected Finishing Time	Email Address (example: sforentrant@myisp.com)		
<input type="text"/>	<input type="text"/>		

5K Races (\$22 until 6/30, \$25 from 7/1 to 9/15; \$30 by 9/30; \$35 race day)

3K Fun & Fitness Run (\$7 if under 18; \$10 for 18 and older; \$15 for all on race day)

Community Walk (\$5 if under 18; \$10 for 18 and older; \$15 for all on race day)

National Championship Award Brunch (\$20 prior to 9/29)

Preferred Shirt Size _____

Member of a 5K family team? Teammate relationship: _____

H/W H/W 40+ M/D M/S F/S F/D B/S B/B S/S (must enter by 9/29 to score)

RELEASE: In consideration of the acceptance of my or my child's entry into any of the events of the 2017 Syracuse Festival of Races, I hereby make the following agreements: I know that running or walking in a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all physical and psychological risks associated with running or walking in this event, including, but not limited to: falls; contact with other participants, vehicles, or other objects; the effects of the weather, including heat, cold, wind, or humidity; traffic and the conditions of the roads; and negligent acts of other participants, volunteers, or spectators, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers and similar wheeled conveyances, roller skates, roller blades, pets, and personal music players of any kind are not allowed in the races, and I agree to abide by all race rules. Having read this waiver and knowing these facts, and in consideration of your accepting my or my child's entry, I fully release and forever discharge the Syracuse Festival of Races, LLC; Syracuse Chargers Track Club, Inc.; the City of Syracuse; Syracuse University; and all other sponsoring organizations and institutions from any and all claims, demands, damages, causes of action, liabilities or expenses of any kind whatsoever, which occur either directly or indirectly, as a result of or in connection with my or my child's participation in the event, even if such consequences result from the negligence, fault, or carelessness of the organizers, volunteers, or sponsoring organizations. This release shall be binding on my heirs, administrators, successors and assigns, and shall inure to the benefit of the successors and assigns of the organizers and sponsoring entities. By this release I fully intend to discharge the said organizations from any and all injuries or losses suffered by me or my child while participating in or traveling to/from this event.

Signature: _____ Date: _____

Parent/guardian signature if under 18: _____ Date: _____

**Mail this completed entry with check payable to Syracuse Festival of Races to:
 Syracuse Festival of Races • 213 Scott Avenue • Syracuse, NY 13224 • (315) 446-6285**